

The Holton News

— MANOR

FEBRUARY
2020

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care

Staff Anniversaries

Aimee T.	2/19/14
Sam S.	2/17/17
Thomas K.	2/4/18
Tammy F.	2/14/18
Deborah C.	2/20/18

The Activity Department is always looking for volunteers to assist residents with facility outings and resident activities.

Holton

— MANOR

645 N. Church Street, Elkhorn, WI 53121
262.723.4963

Denise Johnson, Administrator

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

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WE ACCEPT CREDIT CARDS

Letter from Administrator:

Urinary Tract Infection – What you NEED to know!

Our goal at Holton Manor is to provide the best care possible for residents, working together with residents and their families. In order to maintain the high standard of care, we wanted to share with you some new research and recommendations regarding the diagnosis and treatment of Urinary Tract Infections (UTIs).

UTIs are caused by bacteria in the bladder or urinary tract that result in the specific symptoms listed below; symptoms may be accompanied by a fever.

- Burning during urination
- Pressure of pain in pelvis
- Needing to urinate more often (frequency)
- Pain along one side of lower back
- Strong urge to urinate (urgency)
- Blood in the urine

If a resident is experiencing specific urinary tract symptoms, our practitioners may decide to test the urine for bacteria and signs of infection. Antibiotics can be a good treatment for residents who are experiencing these specific urinary tract symptoms and have bacteria in their urine.

Sometimes other symptoms that a resident is experiencing can be confused with symptoms of a UTI. For example confusion, fatigue, foul-smelling or cloudy urine, or loss of balance or a fall are often thought to be caused by a UTI. However, there are many other potential causes of these symptoms. In fact, many older adults have bacteria in their urine even when they don't have a UTI. It is important to avoid the use of antibiotics when they are not needed because they might cause more harm than good.

How can antibiotics be harmful? Antibiotics can cause side effects like fever, rash, diarrhea, nausea, vomiting and headache. Antibiotics can also kill the “good” bacteria that we have in our bodies. This can lead to the development of other infections such as Clostridium difficile infection (also known as C.diff). C.diff is a highly contagious infection that causes severe diarrhea and can even be fatal.

Overusing antibiotics can also cause bacteria to become “drug resistant.” Drug-resistant bacteria are very hard to kill and may cause more serious infections with fewer treatment options. It is important to remember that antibiotics are not always necessary. By understanding the risks of using antibiotics when they are not needed, you can help ensure all our residents get the best care possible.

Based on current research, the staff at Holton Manor will perform urine testing only when specific urinary tract symptoms are present. Without these symptoms, residents will be observed and monitored for any medical changes. Antibiotics will be prescribed if the practitioner is sure there is an infection.

Thank you for your attention to this very important matter.

Denise Johnson, NHA – Administrator

Job Postings

Activities day shift

Part-time with transition to
full-time in March 2020

Photo Highlights



Christmas light fun at Grand
Geneva Resort and Spa in
Lake Geneva



Our CNA task force brought our staff together to
make gingerbread houses in December. It was so
much fun! Thank you to our CNA task force for the
memories we made.

Activity Highlights



2/4 10:00am - Resident
Activity Committee Meeting

2/5 10:30am - St. Patrick's
Catholic Church Mass

2/6 11:30 - Dine In

2/11 10:00am - Resident
Council Meeting

2/13 5:30pm - UW-
Whitewater Outreach

2/14 1:00pm - Valentine's
Day Party & Bake Sale

2/20 11:00am - Lunch
Bunch / 5:30pm UW-
Whitewater Outreach

2/21 2:00pm - February
Birthday Party

2/27 10:00am -
Shopping at Walmart

2/28 2:00pm - Leap
Year Celebration

"Above and Beyond" Award



We present to you our newest recipient of the
"Above and Beyond" Award: **Emily Davidson,**
CNA. Emily has an infectious smile that she
shares with all of our residents every time she
works. They look forward to when Emily cares
for them because she stays positive & smiley,
and is fun. Emily is willing to help out anywhere we need her.
She is often seen working in multiple departments, always giving
her best to each one. We are lucky to have her on our team!
Thank you, Emily, for always going "Above and Beyond."

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leave Holton Manor. We can even help you arrange home health *before*
discharge so you know what to expect. When you need medical care at home,
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