



The Holton News

— MANOR

DECEMBER
2020

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care

Please check our website or call for updated information about our visitation policy.

Hand Washing Awareness

The COVID-19 pandemic provides an important reminder that one of the most effective ways to stop the spread of germs and stay healthy is also one of the simplest — handwashing with soap and water. Regular handwashing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others.

Wash your hands:

- Before, during, and after preparing food

- Before eating
- Before and after caring for someone at home who is sick
- After using the restroom
- After touching garbage
- After touching a frequently touched surface or shared object (light switch, doorknob, tablets)
- If your hands are visibly dirty or greasy
- After blowing your nose, coughing, or sneezing, you should immediately clean your hands by either washing them with soap and water or using hand sanitizer with at least 60% alcohol.

Source: cdc.gov



Holton

— MANOR

645 N. Church Street, Elkhorn, WI 53121
262.723.4963

Jessica Kuhart, Administrator

 [Like Us On Facebook](#)

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

HoltonManor.org

WE ACCEPT CREDIT CARDS

Check out WISH's New Video

During COVID, residents in senior care facilities have struggled while visitation with loved ones has been limited or restricted. In WISH nursing homes like ours, as in others across the country, employees stepped up and became like family to residents, helping to fill days with creative diversions and one-on-one activities, spending time talking and sharing, being a human touch, meeting needs, sharing a meal and a laugh or a smile. This video, parts of which were filmed here during the summer, shares the stories of some of the many special individuals who work here and at other WISH facilities during the pandemic.

Watch the video here: bit.ly/wishvideo1



Sean Comfort works in our dietary department and is one of two employees filmed for Holton Manor's portion of the WISH video. Sean says the best part of his job is helping out the residents and making their day.



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Residents

Barbara B. 12/8

Staff Anniversaries

Tonia Brandt 12/12/19

Kailin Dolata 12/4/18

Nathan Dooley 12/3/14

Sandra Fischer 12/10/14

Debra Pawinski 12/12/07

Zach Rader 12/12/09

Stephanie Werth 12/12/18

Job Postings

CNAs - Full Time, Part Time,
Casual Every other weekend
for 1st, 2nd, and 3rd shifts

RNs/LPNs - Part Time 2nd
shift and Casual Every other
weekend 1st and 2nd shifts

Dietary - Cook needed every
other weekend, 11:30am-7pm

Van Driver - Tuesdays and
Thursdays and as needed for
resident appointments.

Dear Holton Manor residents and families,

The holidays are upon us! Unfortunately, this year, Christmas is not going to look as it has in the past, but we intend to make the best of the situation. There will be ugly Christmas sweaters, Christmas songs, decorating contests, and gifts for our residents. None of this can take the place of being open to Holton's visitors, but we are going to do our very best to put smiles on our residents' faces. If anyone would like to schedule a virtual Christmas with their loved one, please let us know and we will be more than happy to help facilitate that for you. We do have a plan

for indoor visits that meets the guidance from the state health department. One requirement, however, is that our county positivity rate be below 10%. If we suspend indoor visits, that will likely be the reason. Our activity department has several tablets and can help with video chatting when the weather is too cold to allow outdoor visits. Thank you all for your patience during this pandemic. We are so blessed to have every single one of you.

Regards,

Jess Kuhart,
BSN, RN, NHA

Holton Manor Angel Tree

Once again Holton Manor will be hosting their angel tree to ensure each one of our residents receives a little something to open on Christmas morning. Any families or friends wishing to adopt an angel would be appreciated; however, due to visitation restrictions, please contact the Activity Department so they can assist with the selection of a resident. 262-741-5551.



SCHOLARSHIP WINNERS ANNOUNCED

In October, Wisconsin Illinois Senior Housing Inc. (WISH) announced the winners of its inaugural scholarship program called *WISH Rising Stars*. 18 scholarships were awarded across Wisconsin ranging from \$1250-\$2500.

WISH is pleased to announce these three scholarship winners within Holton Manor:



Brittany Smith (\$2500) is a licensed practical nurse at Holton Manor where she started work in June 2020. She is studying nursing at George Williams Aurora Univ. with a minor in psychology. She enjoys working with elderly and the disabled and plans to focus her career on patient-centered care.



Brianna Ellingsberg (\$1500) has worked at Holton Manor since July of 2017 and is a CNA. She studies nursing at the Univ. of WI/Milwaukee. Brianna is interested in providing patient-centered care and plans to earn a master's degree in nursing as well as become certified as a nurse practitioner.



Thomas Kuhart (\$1250) has worked at Holton Manor since 2018 and worked his way up to becoming a CNA. He is studying nursing at Gateway Technical College. He enjoys working with the elderly and plans to become a nurse practitioner specializing in gerontology.

The scholarship was designed to bring positivity during COVID and is open to WISH employees and all high school students with priority given to those entering or expanding a health care career. The spring 2021 application deadline will be announced soon.

Visit bit.ly/wish-scholarship.

5-star Google Review ★★★★★

"My husband is currently at Holton Manor for rehab following a hip replacement. Holton Manor has been wonderful with all aspects of his admission and care. He tells me the staff is terrific, food is flavorful, and if he needs anything they're quick to help. They respond quickly to his call light, no matter the time. If rehab is needed, Holton Manor is the best!!"

— Crystal M.

Visitation Guidelines

1. Call ahead of time to make an appointment to visit your loved one. Visitation is Monday-Friday 8:00am-4:30pm. Visits are limited to 30 minutes.
2. You must check in with receptionist to be screened prior to the start of your visit. Do not visit if you are feeling ill.
3. You must wear a face mask at all times during your visit.
4. You must maintain a distance of 6 feet between yourself and your loved one.
5. A resident may only have 2 visitors at a time.
6. If your loved one is at Holton Manor for a short term stay, they will need to complete a 14 day isolation period before visitation can be granted.

If you are unable to comply with the rules of visiting, you will no longer be allowed to continue to visit. I know this is difficult, especially as we enter the holiday season. Please know that we are doing our very best provide the opportunity for visitation while trying to keep our residents safe during this time. As always, please reach out to me with any questions/concerns.



Sudoku

						5	
9	5	2			3	7	
	3		4				
	2					9	6
8		4					
			1	2			
		1	2		6		8
				7			9
5		3	8	4			1

Gingerbread Houses

Looking for something sweet to make your winter season complete? **Whether it's home-baked or a purchased kit, designing a gingerbread house can make for a fun and satisfying day.**

We owe our thanks to the Brothers Grimm for their tale Hansel and Gretel, which prompted the fun idea of a house made of gingerbread. German gingerbread guilds quickly picked up the idea and refashioned them into the quaint winter cottage we think of today.

Fun Tip: Make a gingerbread ornament! Poke a hole in the top before baking, and then thread a ribbon through to hang when finished.



10 Holiday Health and Safety Tips



Follow these tips to help keep you and your family safe and healthy during the holidays and all year long!

- #1.** Wash hands often to keep from spreading germs and getting sick. If soap and clean water aren't available, use an alcohol-based hand sanitizer.
- #2.** Bundle up to keep warm. Dress in several layers of loose-fitting, tightly woven clothing.
- #3.** Manage stress. Keep a check on overcommitment and overspending.
- #4.** Be smoke-free. Avoid smoking and secondhand smoke. If you smoke, quit today or ask your health care provider for help.
- #5.** Get exams and screenings. Ask your physician what exams and tests you need to help find diseases and conditions early or before they start.
- #6.** Get your vaccinations. Vaccinations help prevent diseases and save lives. Ask your physician

what vaccinations you should get, based on your age, lifestyle, travel plans, and medical history.

#7. Stay moving. Find fun ways to stay active, such as dancing to your favorite holiday music. Adults should get at least 30 minutes of moderate physical activity most or all days of the week.

#8. Prepare food safely. Remember these four simple steps: wash hands and surfaces often, cook foods to proper temperatures, and refrigerate promptly.

#9. Eat healthy. Choose fresh fruit instead of candy, or select just one or two of your favorites from the host of tempting holiday foods.

#10. Don't drink and drive, and don't let anyone else drink and drive.

Source: cdc.gov

DONATE SAFELY AND EASILY ONLINE THIS HOLIDAY

Thank you to our residents, families and community for the thoughtful gestures of gifts and time this year. Your patience and support are treasured.

With the fiscal challenges of 2020, we again ask for your help. Costs associated with COVID and care in general are daunting so we're asking you to please consider a generous donation to our facility this year-end. We are committed to high-quality, compassionate care for each resident, while supporting their families and our staff through this time.

Your tax-deductible gift helps cover resident care shortfalls and other costs so we can continue to care for as many as possible.

Thank you for placing a donation today. Do so online at our website and click on the **DONATE** tab, or mail a check to our administrator (made out to our facility). Thank you!

HoltonManor.org/Donate

